



## Second Issue 2006

This report is a continuation of the previous CEO Report focusing on the introduction of the new ILCOR CPR standards recently promulgated in Canada through Canadian Heart and Stroke Foundation. With this in mind, please be aware that the previous CEO Report is available on the EMP Canada website [www.firstaidtraining.com](http://www.firstaidtraining.com).

The remainder of this report will deal with EMP Canada Version 6 MFA training system which incorporates all of the 2005 current CPR and first aid treatment guidelines. However, before we go any further, let's review where we are at this present moment.

The MFA Version 6 instructor and student training materials are excellent, meaning the skill content and the aesthetics of the delivery materials are better than I have ever seen before. However, you will be the judges, both you the instructors and the students you will be training. **What is so good about Version 6?**

The DVD training medium has graphics that help the student understand the body's functions without any confusion. The definition is so superior to the old VHS and the ease of operation will make the instructors very, very happy.

The student materials are very colourful and once again, the content lends itself to student comfort. One manual embraces what was previously contained in two and in a size convenient to placement into a first aid kit. What's more important, it has already received approval by:

### Version 6 Materials Approved By:

- **Alberta Human Resource Workplace Health and Safety**
- **Human Resource Development Health Canada, Labour Canada**

Copies of these rulings are attached with this CEO Report.

### Costs of Student Materials:

**There will be no increase in price even though the materials are vastly improved. 2005 price will continue through 2007.**



*Gene Hemsworth  
CEO Report  
Training Bulletin Required  
Reading*

This update is the main communication from EMP Canada to you. It announces important training standards and procedures changes and clarifies those that are established. It is a requirement of your membership commitment that you keep abreast of standards by reviewing the information contained in these quarterly updates. Implementation and standards mailing dates vary for members served in different provinces

## More Information On Content

Both the instructor and the student materials incorporate AED (Automated External Defibrillation) training skills. These same skills are included on the DVD and VHS presentations but for the time being, must be taught separate to the Emergency and Standard courses. To further explain, none of the Occupational First Aid provincial governing WCB/OH&S offices have accepted AED training at the Emergency and/or Standard levels. For the moment, it is only included in their Advanced training programs except, when it is taught to the general community, i.e. other than Occupational First Aid purposes.

### What about the costs of the update and the costs of the DVD/VHS student training systems?

We are offering an introductory price as follows:

#### Version 6 DVD/VHS Introductory Offer

- DVD or VHS student training systems – price \$39.95
- Version 6 Instructor Guide complete with Emergency and Standard guides – price \$39.95
- Version 6 Update Package with PowerPoint CD-ROM – price \$19.95

**Offer expires October 31, 2006**

### Where and when can we attend Trainer delivered Update sessions?

#### Version 6.0 Instructor Update Sessions will be held at the following locations.

- Edmonton October 2006
- Calgary October 2006
- Toronto October 2006
- Sudbury October 2006

For final dates and locations please go to EMP Canada's web site [www.firstaidtraining.com](http://www.firstaidtraining.com) on or after September 15, 2006 or email us at [empcanada@shaw.ca](mailto:empcanada@shaw.ca) on or after September 15, 2006.

### Training Centre and Trainer Information Concerning Instructor Certification

The following is a reminder of the paper trail that is needed to be provided along with instructor application forms. The first important item is to ensure confirmation is enclosed concerning the applicant's medical background.

- Copy of EMR/EMT-A paramedic certification card
- Instructor status with another recognized national/international agency (copy of certification card)
- Copies of skill evaluation sheets and academic exams, in particular the CCIRG exam and the 100 question academic exam.
- Ensure instructor application form is completed in full and signed. The instructor agreement forms need also to be signed and attached with the application.
- The instructor monitoring form that is completed as the applicant teaches an actual segment of the program to a group of students. It gauges the applicant's performance as to whether it is satisfactory.
- Proof of liability and errors & omissions insurance

The need to forward all of the above documentation with each of the instructor applications that are mailed to EMP Canada is readily apparent. In order for us to certify the instructor to teach, we must review the above documentation. We hope this will assist all of our trainers and Training Centres which in turn will speed up the turn around of instructor applications.

### 2005 Guidelines (ILCOR) – A Brief Overview

This overview will provide our membership with a brief summary of the changes that are integrated into MEDIC FIRST AID® training program materials. These changes are based on information from the 2005 International Consensus on Cardiopulmonary Resuscitation and Emergency Cardiovascular Care Science with Treatment Recommendations (COSTAR) Conference.

Not all changes are listed in this overview. A complete list of updated CPR and first aid guidelines, including the rationale for change, will be covered in the instructor update lessons. The new guidelines will improve the way that people perform CPR, but they in no way indicate that the 2000 Guidelines for CPR are ineffective or harmful. The improved techniques outlined in the new guidelines are based on scientific evidence and should make it easier to learn CPR and other emergency care skills.

The new "simpler is better" approach supported by research and scientific experts reinforces the methodology MEDIC FIRST AID® has been teaching for years. By creating a student-centred, low-stress learning environment with ample hands-on practice and an outcome-based evaluation, people will be better prepared for actual emergencies.



**Confined Space  
Safety Training**

**Courses in Toronto,  
Alberta, and BC  
for more information  
see our website at**

[www.confinedspacetraining.com](http://www.confinedspacetraining.com)

**Confined Space  
Entrant/Attendant/Supervisor**

## **Revised Update Process for Version 6.0**

In order to ensure that your MEDIC FIRST AID® training courses provide your students with the latest medical guidelines, it is in your best interest to update to Version 6.0 program materials **as soon as they are available**. The update will consist of three modules and a series of knowledge review questions.

### **The modules will include the following:**

- 2005 CPR and first aid guidelines, including the **new guidelines**, **old guidelines** and **rationale for the change**
- how the new guidelines effect MEDIC FIRST AID® training program

### **Overview of MEDIC FIRST AID® Instructional Design**

- to update, instructors will have two options to choose from - the paper (hard copy) update complete with powerpoint CD Rom - - and the physical hands-on seminar

### **Paper Update Packet**

- Should you not wish to, or are not able to complete the handson trainer led update; you will need to order an update packet from EMP Canada. These packets will be available by no later than early October 1st 2006. The update packet will include the three update modules, a written knowledge review, an answer sheet and an update application. Once the update packet has been received, review the modules, and complete the written knowledge review using the included answer sheet. To finalize the update process, you will need to return the complete answer sheet and update application to EMP Canada in Sidney, BC. Your answers will be graded – you must answer 80% correctly to pass and confirmation of your successful completion will be forwarded to you immediately. This update comes complete with a power point CD Rom

### **Update Seminar Version 6.0**

- This CEO Report includes information as to the locations of the update sessions that will be conducted in most of the major cities throughout Canada during October 2006.

### **Instructor Update – Good for all Programs**

- The Version 6.0 instructor update gives instructors the knowledge necessary to teach using the new 2005 Guidelines and updated MEDIC FIRST AID® instructional design. As long as you are currently an EMP Canada Version 5 instructor, the process of updating will be quite simple. You will need only to secure a Version 6.0 instructor guide **not the instructor registry handbook** but the instructor guide only. **The instructor guides along with the VHS training videos/DVDs will be available at greatly discounted prices to make the cross-over process simple and economically viable.**

### **New Instructor Cards**

- New instructor cards will not be sent out upon completion of the Version 6.0 update. Because the instructor cards are not version-specific, the instructor card you currently hold is good through the renewal date indicated on the card. However, in order to renew your instructor training status for 2007, **it will be necessary that you substantiate that the Version 6.0 update has been completed**. Additional data on this will be included in the fall CEO Report.

## **What about the costs of the update and the costs of the DVD/VHS student training systems?**

We are offering an introductory price as follows:

### **Version 6 DVD/VHS Introductory Offer**

- DVD or VHS student training systems – price \$39.95
- Version 6 Instructor Guide complete with Emergency and Standard guides – price \$39.95
- Version 6 Update Package with PowerPoint CD-ROM – price \$19.95

**Offer expires October 31, 2006**

## **Version 6 Instructor Student Certification good for 3 Years**

Due to increasing external pressures from those who are seeking harmonization of MEDIC FIRST AID® Certification expiry time frames. Version 6 has new Instructor and Student Standards

Version 6 Instructor and Student Certifications will be issued for a period not to exceed 3 years. These standards will take effect as Version 6 commences to be taught in Canada approximately October 1, 2006. It will only apply to Version 6 courses and will not effect any of the Mark III, Mark IV, or Version 5.0 Certifications

This change in certification standards will only apply where Provincial standards permit. Check with EMP Canada if you are unsure of your Provincial legislation.

**\*\*\* extract from Version 6 Instructor Guide \*\*\***

### **Instructor Requirements**

Instructor status indicates the Instructors current standing and ability to instruct the MEDIC FIRST AID® Basic Emergency Training Program. If Instructors do not meet re-certification obligations or have documented violations of administrative guidelines, a change in Instructor Status may occur.

- Instructor Certification is issued for 3 years.
- To validate teaching status for an initial instructor certification, instructors must provide EMP Canada **with proof of insurance**. To remain in current Teaching Status proof of insurance is required with the renewal application each year.
- To remain current, an application for renewal of Teaching Status and EMP Membership is completed and signed each year.
- Instructors must have a **program monitored by an EMP Trainer each year** to remain in current Teaching Status.
- **Instructor Re-certification is completed every 3 years by one of the following methods:**
  - Self-Study program that includes administrative and emergency care knowledge written evaluation, Practical skills evaluation is conducted by an EMP Canada certified Trainer in current teaching status.
  - Online Self-Study program that includes administrative and emergency care knowledge written evaluation, **Practical skills evaluation is conducted by an EMP Canada certified Trainer in current teaching status.**
  - Formal Re-Certification program that includes administrative and emergency care knowledge written evaluation, Practical skills evaluation is conducted by an EMP Canada certified Trainer in current teaching status.

## **Automated External Defibrillators**

### **New Defibrillator from Philips**

The FDA has approved the new Philips HeartStart FRX Defibrillator for sale. This new Defibrillator is designed to be easy to use, rugged and reliable. The FRX contains most of the features HeartStart OnSite Defibrillator and is easy to use. In addition, the FRX incorporates many of the characteristics of the HeartSafe FR2+ which has been a standard of durability over the years. The FRX can withstand jetting water, crushing weights of 500 pounds, and a one-metre drop onto concrete. This new Defibrillator saves critical time in an emergency with pre-connected pads that can be used on both **adults and children**.

This device features an infant/child key that allows for use of standard pads on children by reducing the shock energy level and providing special CPR instructions for pediatric use. This feature reduces the overall cost of owning the device because only one type of pad is necessary.

The FRX uses an infrared data port to transfer information to a personal computer or a PDA using the Palm OS platform to provide a mobile, wireless solution for data management. As with all HeartStart Defibrillators, the FRX uses **SMART biphasic technology** to deliver a highly effective shock. Using **SMART** analysis to assess the heart rhythm, the FRX will deliver a shock only when appropriate. What's more, **SMART** pads enable the FRX to keep pace with the Responders by automatically adjusting to their actions. Contact EMP Canada for additional information or pricing

**VISIT US ON THE  
WEB AT**

[www.firstaidtraining.com](http://www.firstaidtraining.com)

and visit

**ADANAC College at**  
[www.confinedspacetraining.com](http://www.confinedspacetraining.com)